The following books were selected to support the concepts introduced in the Human Body FOSS module. All of them were in print as of October 2005.

Ballard, Carol. BONES: INJURY, ILLNESS, AND HEALTH. Heinemann Library, 2003. 48p. $18.95. ISBN 1-40340-194-2. Provides information about the human skeleton, discussing different types of bones and joints, how they work in the body, the diseases and problems that sometimes affect them, and how to keep them healthy.

Ballard, Carol. THE SKELETON AND MUSCLES. Watts 2005. 32p. $22.45. ISBN 0749659661. This text provides information about the relationship between the skeleton and muscles.


Macnair, Patricia. MOVERS AND SHAPERS. Kingfisher (Bodyscope). 2004. 40p. $9.95. ISBN 0753457911. Fifteen topics of interest include: how the skeleton supports the body; what muscles do; how a broken bone heals; and skeleton secrets. Photographs, x-rays, and other graphics reinforce understanding. The text reinforces why exercise is vital to maintaining our muscles and joints in good working order.

Royston, Angela. MOVING. Raintree (My Amazing Body), 2004. 32p. $26.36. ISBN 1410904822. Describes various bones, joints and muscles; examines the
functions of tendons, cartilage, and ligaments; and explains how bones and muscles work together to allow the body to move.

**Silverstein, Alvin. BROKEN BONES.** Watts, 2001. 48p. $5.95. ISBN 0531139689. A look at what bones are made of and how they grow throughout life, as well as how bones fracture and how they are repaired.

**Simon, Seymour. BRAIN: OUR NERVOUS SYSTEM.** HarperCollins, 1997. 32p. $17.89. ISBN 0688170609. Describes the various parts of the brain and nervous system and how they function in order for us to think, remember, feel, and move.


**Walker, Richard. BODY: BONES, MUSCLES, BLOOD, AND OTHER BODY BITS.** Dorling Kindersley, 2001, $8.96, 96 p. ISBN 0-7894-7968-0. Explores the human body through illustrations and photographs, and discusses the history of scientific research into how the body works and why.

**Wiese, Jim. HEAD TO TOE SCIENCE: OVER 40 EYE-POPPING, SPINE-TINGLING, HEART-POUNDING ACTIVITIES THAT TEACH KIDS ABOUT THE HUMAN BODY.** Wiley, 2000. 120p. $15.96. ISBN 0471332038. Through a collection of activities and experiments, the author introduces the circulatory system, muscles, digestion, senses, and other body parts and functions. The information can be used as a base for science fair projects.

**Ziefert, Harriet. YOU CAN’T SEE YOUR BONES WITH BINOCULARS: A GUIDE TO YOUR 206 BONES.** Blue Apple Books, 2003. 32p. $15.95. ISBN 1593540159. You really can't see your bones with binoculars...but you can see them with X-rays! Actual X-rays of real bones overlay the quirky illustrations and an engaging, interactive text take kids through the skeletal system.

Ella Gomez
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