The purpose of the curriculum is to provide students with information to:

- Discuss the significance of parents’ roles and family life.

- Demonstrate an awareness of strategies for personal safety.

- Demonstrate self-worth, ownership of body and rights of privacy.

- Explain the importance of human interdependence for mental, emotional, social, and physical health.

- Explain the different stages of human growth and development.

- Explain human reproduction.

- Describe the responsibilities involved in interpersonal relationships and in decision-making concerning sexuality.

- Identify abstinence as the only 100% effective method of preventing pregnancy and Sexually Transmitted Infections.