FAMILY LIFE CURRICULUM
SIXTH GRADE
COURSE OUTLINE

GROWTH AND DEVELOPMENT
Girls and Boys Taught Together

I. Communication 15

II. Family Relationships 18
   A. Respect for Differences
   B. Customs
   C. Influences of Relationships
   D. Stages of Life

III. Media 21

IV. Self Concept 22

V. Heredity and Environment 25

HUMAN SEXUALITY
Girls and Boys Taught Separately

VI. Puberty 27

VII. Conception 34

VIII. Risks of Sexual Activity 38

IX. Birth Process 40

*Exceptional Education Supplement
THE QUESTION BOX

At the beginning of the Family Life Curriculum, introduce the question box. Explain to the students that people of all ages have questions about sexual matters. Some may feel uncomfortable asking questions in public although it is very natural to have questions about sex. The question box should be available to all class members throughout the lessons to help address concerns and questions of students in a non-threatening way.

Guidelines for submitting/answering questions in the question box:

1. There is no such thing as a “dumb” question.

2. All questions are valid except for personal questions about the teacher or other students.

3. Questions are anonymous, unless the student wants to be identified.

4. If a question is not answered in class, it may be considered inappropriate for class discussion. (Questions might be answered privately should the student choose to raise this topic with the teacher.)

5. Correct and appropriate vocabulary will be used in the course, but students may use words they know or may have heard. Answers will be translated from the slang words used to correct terminology.

6. Questions will be read by the teacher daily or periodically to insure a prompt response. (The teacher may read them one day and answer the next to give time for response.)

7. Teachers may want to use the glossary provided to help answer questions. Answer questions simply and in a scientific manner.

8. Exceptional Education Inclusion Strategies
   A. Provide a tape recorder for students to leave their questions orally.
   B. Allow students to write/type questions outside of class.
1. Parent permission is not necessary for lessons I-V.

2. Keep boys and girls together while teaching lessons I-V.

3. Teach all lessons consecutively.

4. Each lesson has several activity choices to engage a variety of learning styles.

5. Order videos well ahead of planned viewing date.

6. For maximum effectiveness of videos, please preview them before showing them to students.
SIXTH GRADE
OBJECTIVES

The Students will:

1. Explain the need for self-confidence and self-respect
2. Identify the role of feelings and attitudes in behavior
3. Demonstrate an understanding and respect for differences in family units and customs
4. Discuss the influence and relationships of parents and peers
5. Describe changes in all stages of life
6. Practice effective communication skills
7. Identify similarities and differences in male and female growth patterns
8. Describe physical changes of puberty
9. Cite secondary sex characteristics
10. Learn female and male reproductive systems
11. Explain the effects of heredity and environment
12. Identify the positive aspects of monogamous heterosexual marriage
13. Discuss the advantages of abstinence from sexual intercourse and the use of self-control
14. Describe the emotional, psychological, and physical risks involved in sexual intercourse
15. Describe fetal development
16. Discuss human conception and the birth process
17. Identify abstinence as the only 100% effective method of preventing pregnancy and Sexually Transmitted Infections
18. Discuss sexual molestation and abuse and identify sources of help