ARIZONA GUIDELINES FOR SEX EDUCATION

R7-2-303. Sex Education
A. Instruction in sex education in the public schools of Arizona shall be offered only in conformity with the following requirements.

1. Common schools: Nature of instruction; approval; format.
   a. Supplemental/elective nature of instruction. The common schools of Arizona may provide a specific elective lesson or lessons concerning sex education as a supplement to the health course study.
      i. This supplement may only be taken by the student at the written request of the student's parent or guardian.
      ii. Alternative elective lessons from the state-adopted optional subjects shall be provided for students who do not enroll in elective sex education.
      iii. Elective sex education lessons shall not exceed the equivalent of one class period per day for one-eighth of the school year for grades K-4.
      vi. Elective sex education lessons shall not exceed the equivalent of one class period per day for one-quarter of the school year for grades 5-8.
   b. Local governing board approval. All elective sex education lessons to be offered shall first be approved by the local governing board.
      i. Each local governing board contemplating the offering of elective sex education shall establish an advisory committee with membership representative of district size and the racial and ethnic composition of the community to assist in the development of lessons and advise the local governing board on an ongoing basis.
      ii. The local governing board shall review the total instructional materials for lessons presented for approval.
      iii. The local governing board shall publicize and hold at least two public hearings for the purpose of receiving public input at least one week prior to the local governing board meeting at which the elective sex education lessons will be considered for approval.
      iv. The local governing board shall maintain for viewing by the public the total instructional materials to be used in approved elective sex education lessons within the district.
   c. Format of instruction.
      i. Lessons shall be taught to boys and girls separately.
      ii. Lessons shall be ungraded, require no homework, and any evaluation administered for the purpose of self-analysis shall not be retained or recorded by the school or the teacher in any form.
      iv. Lessons shall not include tests, psychological inventories, surveys, or examinations containing any questions about the student's or his parents' personal beliefs or practices in sex, family life, morality, values or religion.

2. High Schools: Course offering; approval; format.
   a. A course in sex education may be provided in the high schools of Arizona.
   b. The local governing board shall review the total instructional materials and approve all lessons in the course of study to be offered in sex education.
   c. Lessons shall not include tests, psychological inventories, surveys, or examinations containing any questions about the student's or his parents' personal beliefs or practices in sex, family life,
morality, values or religion.
d. Local governing boards shall maintain for viewing by the public the total instructional materials
to be used in all sex education courses to be offered in high schools within the district.

3. Content of instruction: Common schools and high schools.

a. All sex education materials and instruction shall be age appropriate, recognize the needs of
exceptional students, meet the needs of the district, recognize local community standards and
sensitivities, shall not include the teaching of abnormal, deviate, or unusual sexual acts and
practices, and shall include the following:

i. Emphasis upon the power of individuals to control their own personal behavior. Pupils shall
be encouraged to base their actions on reasoning, self-discipline, sense of responsibility,
self-control and ethical considerations such as respect for self and others; and

ii. Instruction on how to say "no" to unwanted sexual advances and to resist negative peer
pressure. Pupils shall be taught that it is wrong to take advantage of, or to exploit, another
person.

b. All sex education materials and instruction which discuss sexual intercourse shall:

i. Stress that pupils should abstain from sexual intercourse until they are mature adults;

ii. Emphasize that abstinence from sexual intercourse is the only method for avoiding
pregnancy that is 100 percent effective;

iii. Stress that Sexually Transmitted Infections have severe consequences and constitute a
serious and widespread public health problem;

iv. Include a discussion of the possible emotional and psychological consequences of
preadolescent and adolescent sexual intercourse and the consequences of preadolescent
and adolescent pregnancy;

v. Promote honor and respect for monogamous heterosexual marriage; and

vi. Advise pupils of Arizona law pertaining to the financial responsibilities of parenting, and
legal liabilities related to sexual intercourse with a minor.

B. Certification of compliance. All districts offering a local governing board-approved sex education
course or lesson shall certify, under the notarized signature of both the president of the local
governing board and the chief administrator of the school district, compliance with this rule except as
specified in paragraph (C). Acknowledgment of receipt of the compliance certification from the State
Board of Education is required as a prerequisite to the initiation of instruction. Certification of
compliance shall be in a format and with such particulars as shall be specified by the Department of
Education.

C. All districts offering State Board approved sex education lessons or courses prior to the effective date
of this rule shall comply with this rule on or before June 30, 1990.

15-716. Instruction on acquired immune deficiency syndrome; department assistance

A. Each common, high and unified school district may provide instruction to kindergarten programs
through the twelfth grade on acquired immune deficiency syndrome and the human immunodeficiency
virus.

B. Each district is free to develop its own course of study for each grade. At a minimum, instruction shall:

1. Be appropriate to the grade level in which it is offered.
2. Be medically accurate.
3. Promote abstinence.
4. Discourage drug abuse.
5. Dispel myths regarding transmission of the human immunodeficiency virus.

C. No district shall include in its course of study instruction which:

1. Promotes a homosexual life-style.
2. Portrays homosexuality as a positive alternative life-style.
3. Suggests that some methods of sex are safe methods of homosexual sex.

D. At the request of a school district, the department of health services or the department of education shall review instruction materials to determine their medical accuracy.

E. At the request of a school district, the department of education shall provide the following assistance:

1. A suggested course of study.
2. Teacher training.
3. A list of available films and other teaching aids.

F. At the request of a parent, a pupil shall be excused from instruction on the acquired immune deficiency syndrome and the human immunodeficiency virus as provided in subsection A of this section. The school district shall notify all parents of their ability to withdraw their child from the instruction.