FIFTH GRADE  
LESSON II  
CHANGING RELATIONSHIPS

Objectives  
Students will  
• Discuss changes in families and the effects on relationships  
• Demonstrate respect for changes in one’s self and peers  
• Identify and appreciate emotional and social changes

Materials  
• Video Trust Me: Learning to be Responsible (19 minutes)  
• Overhead of “Wheel of Fortune” worksheet; blank copies of worksheet for each student  
• Question box

Activity Choices  
1. Show video Trust Me: Learning to be Responsible and discuss  
2. Discuss the term self-knowledge  
3. Ask students for their definition of self-knowledge  
5. Self-knowledge: what a person thinks and feels about him/herself.  
6. Review list on board to compare  
7. Complete “Wheel of Fortune” worksheet. Use the overhead to describe each section of the worksheet. Ask students to participate by sharing their knowledge and feelings of each section.  
   A. Teacher models completion of personal wheel by sharing one positive aspect of self-application to each component of wheel.  
   B. Distribute “Wheel of Fortune” worksheet. Have students complete individual wheel by adding one or more personal characteristics about themselves.  
   C. Voluntary sharing and discussion  
8. Summarize lesson by stressing  
   A. Clarification of individual/family values  
   B. Self-discipline  
   C. Individual right to choose  
   D. Responsibility to self and others  
9. Discuss how knowing one’s own values and beliefs helps in relationships with parents, family, peers, and friends.  
10. Students may role-play situations which require clear demonstrations of positive self-concept and decision making strategies. Ask for situations that require students to make decisions.
11. Exceptional Education Inclusion Activities

A. Role-play situations to show a student’s self worth in each of the areas on the wheel. Example, a student gets $10.00 for his birthday. How can he show he is considering his future?

B. Have students create a book with a page for each of the points on the wheel. They may draw pictures or write a sentence or two on each page telling of something that they do well in that area.