GROWTH AND DEVELOPMENT
Girls and Boys Taught Together

I. Self Concept 41

II. Changing Relationships 46
   A. Family
   B. Responsibility

III. Communication/Sexual Harassment 48

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V. Stereotyping 56

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HUMAN SEXUALITY
Separate Boys and Girls

VIII. Puberty 63

IX. Reproductive Systems/STIs 66

X. Fertilization-Heredity 72

XI. Information Inventory/Review 77

*Exceptional Education Supplement
1. Parent permission is not necessary for lessons I-VII.

2. Keep boys and girls together while teaching lessons I-VII.

3. Teach all lessons consecutively.

4. Each lesson has several activity choices to engage a variety of learning styles.

5. Order videos well ahead of planned viewing date.

6. For maximum effectiveness of videos, please preview them before showing them to students.
FIFTH GRADE
OBJECTIVES

The Student will:

1. Demonstrate the value of communication with parents.
2. Discuss changes in families and the effect on relationships.
3. Discuss different types of problems that affect the family.
4. Explain the concept of birth order.
5. Recognize stereotyping and the consequences (sex roles).
6. Discuss the need for and practice communication, trust, honesty, and assertiveness.
7. Identify advertising and the influence of the media.
8. Cite the importance of responsible social behavior.
9. Discuss stages of boy/girl relationships-friends, dating, and marriage.
10. Describe the advantages of building relationships based on mutual respect.
11. Discuss emotional, social and physical risks of sexual activity for teenagers.
12. Identify puberty and menstruation as part of the life process.
13. Demonstrate respect for changes in own body and that of the opposite sex.
14. Identify and appreciate emotional and social changes during puberty.
15. Explain the need for increased personal hygiene.
16. Describe the anatomy and physiology of the reproductive system.
17. Describe fetal development.
18. Identify the need for abstinence and the risks involved in sexual intercourse.
19. Identify abstinence as the only 100% effective method for avoiding pregnancy and Sexually Transmitted Infections.