FOURTH GRADE
LESSON VI
PERSONAL SAFETY

Objectives
Students will
• Explain good and bad touches
• Identify sources of help from sexual abuse
• Describe personal boundaries and the right to privacy
• Explain the human need to belong to a group

Concepts
1. Background on why sexual abuse occurs
   A. Sometimes people who are not emotionally and mentally healthy misuse or abuse people around them.
   B. Sometimes people are nice just to get what they want.
   C. Some people abuse alcohol and do not have self-control.
   D. Sex, which is natural and beautiful, can be misused.
2. Facts to bring out:
   A. A molester may be male or female
   B. A molester may be a stranger or someone known
   C. If anyone attempts to get overly familiar or makes one uncomfortable in any way, **get away and tell someone**. Keep telling until someone acts on it.
   D. It is not the victim’s fault
   E. Most people are friendly and like children. Only worry if someone causes uncomfortable feelings.

Materials
• Video Better Safe Than Sorry (15 minutes) English and Spanish
• Pictures from magazines of various types of touches or other sources
• Question box

Activity Choices
1. Show video Better Safe Than Sorry. English or Spanish
2. Discuss simple rules created to help prevent and/or deal with potential abuse- **(say no, get away, tell some one and be believed)**
3. Identify community resources available to children. Give KIDLINE (795-8855) and Help-On-Call (323-9373) crisis phone numbers.
4. Brainstorm different types of touches
   A. Identify who would use them
   B. Differentiate between touches that are liked and received and touches not liked